

The Personal Day Number

For added insights on a day-to-day basis, consider your Personal Day number. This influence is less important than the Personal Month number, yet being aware of it can help with the planning and organizing of your weekly and daily activities. To calculate your Personal Day number, add the values, reduced to single digits or Master numbers (do not reduce 11 or 22), of the Calendar Month, the Calendar Day and your Personal Year. In the example below for February 14th, for a person whose Personal Year is 7:

1. Personal Year number: 7
2. Calendar Month: February, 2
3. Calendar Day: 14, $1 + 4 = 5$
4. Add the numbers: $7 + 2 + 5 = 14/5$.

How to Calculate the Personal Day			
Example for the 14th of February, for a person whose Personal Year is a 7.			
	A	B	C
Current Personal Year	7	7	7
Calendar Month	2	2	2
Calendar Day	14	1+ 4	<u>5</u>
Sum of numbers in column C			14
Reduce sum to single digit		<u>14/5</u>	
<i>The Personal Day Number is 5 with a 14 influence.</i>			

In this example, there is a Karmic Debt number behind the Personal Day number, 14. If this was your number for this day and a friend had set you up on a dinner date, your Valentine's evening would probably not turn out as you expected! The 14/5 typically brings change, unexpected events and surprises.

Interpretations for Personal Days are similar to those for Personal Months and Personal Years, but should be scaled down to a day-to-day level of activity. Before interpreting a Personal Day number, keep in mind your global yearly picture, that is, your Personal Year number, as well as your monthly trends as indicated by your Personal Month number. Also keep in mind your potential as indicated by your Life Path and Birth Day numbers, and

your relationship to the numbers. Note Karmic Debt influences. The following interpretations are meant as suggestions to help you determine the nature of the energy of the day. Use the keywords to interpret your days according to your lifestyle.

1 (19/1) Personal Day

This is a good time to begin new activities, to look for a new job, or start a new project. You feel bold and confident, and ready to express initiative, take action and get the gears in motion. This is your time. You could be feeling ambitious, creative and energetic. You may be inclined to do things by yourself today. Beware of a tendency to see things from your point of view alone, in the process, ignoring the needs of others. If a 19/1 Day, try not to be overly pushy with your plans. It isn't worth stepping on other people's toes to get what you want.

2 (11/2) Personal Day

Be receptive and wait for feedback from the world around you before making important decisions. Gather information, reach out and touch base with leads and important contacts. Avoid conflict and misunderstandings. This is a good day for a romantic tête-à-tête. You may want to pay particular attention to the needs of others, employ tact and diplomacy. Be a good listener, partner or companion. You could be more tense, anxious or sensitive than usual if this is an 11/2 Day.

3 Personal Day

This is a great day for scheduling social and fun events, dinner parties, and outings with friends. Focus on communications, return those phone calls you've been putting off or work on a creative project. This is a good day for brainstorming new ideas, and growing your network of contacts. You may be feeling optimistic and positive, but could be a little disorganized or scattered today. Leave the day open; find avenues of creative self-expression. Have a good laugh, dress up and enjoy a night on the town.

4 (13/4, 22/4) Personal Day

Apply yourself to the details of the day, stick to routine and focus on the tasks at hand. Get rid of old projects that have been sitting on your desk, blocking progress in other areas of your work. Take care of accounting, bookkeeping, filing, or organizing your workspace. Spend time with family. Do household chores, home projects, renovations, or heavy physical work on a 4 Personal Day. If this is a 13/4 Day, you may be frustrated with the amount of work that seems to have piled up in front of you. If it is a 22/4 Day, you may feel pressed to get things accomplished.

5 (14/5) Personal Day

Expect changes to your plans, or unexpected or surprise occurrences. This is a good day for adventure, new experiences, and travel, and for promoting yourself or expanding your business. You won't be very interested in doing paperwork and tedious activities today. Give yourself a little room to breathe. Be flexible. If a 14/5, don't expect things to go as planned; the day is likely to be more hectic than you would like. Expect surprises or upsets. Guard against a tendency to be impatient, to over indulge in food and drink, and to avoid responsibility.

6 Personal Day

This is a good day to take care of family business. You will need to establish some measure

Notes from **The Power of Time** by Pauline Edward

of balance in your life after yesterday's hectic pace. Others may make increased demands on your time and energy. Respect your responsibilities towards others now. You will be required to think of others rather than of yourself. This can be a good time for creative projects as well as for healing. This is a good day for a romantic dinner, a family gathering, getting a massage or visiting an art gallery.

7 (16/7) Personal Day

You may feel inclined to take some quiet time out for yourself. Reflect, meditate, read, or take a spa day. This is a good time for intellectual activities, research and study. Avoid excessive stress and confrontation. Do some serious thinking; review your monthly plan. Go for a long walk in the woods, listen to music, spend some quiet time in the garden, or on a hobby. This isn't a good day for planning a social event. If a 16/7 Day, avoid confrontations in personal relationships. You are not likely to be feeling warm and affectionate. You could take things personally, or feel misunderstood.

8 Personal Day

Deal with money and power issues now. This is a good day for finances, business, shopping or making important purchases. You are feeling empowered, driven to achieve your goals, maybe even fearless, and at the top of your game. Schedule that important business meeting, or make business decisions. Your confidence level is high, and you believe in your ability to achieve your goals. It's time to show what you're made of.

9 Personal Day

This is a good day to finish off projects, clean up your office or home. Clear up loose ends. This is not the time to start new projects or to commit to long-term plans. Spend a day outdoors, enjoying nature, go for a drive in the country, or take in an art show or exhibition. Get some rest. Do something for others; participate in a community event or fundraiser. Follow-up on messages and phone calls, have lunch with friends. Release all grievances and anxieties. Be generous. Give of yourself. This is a good day for a public appearance.